



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 01250, Nutritional supplement for people with diabetes, liquid

Report Date: July 16, 2017 17:39 EDT

Nutrient values and weights are for edible portion.

Food Group : Dairy and Egg Products

Nitrogen to Protein Conversion Factor:6.38

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 can 227g
Proximates					
Water	g	79.74	--	--	181.01
Energy	kcal	88	1	--	200
Energy	kJ	368	--	--	835
Protein	g	4.40	1	--	9.99
Total lipid (fat)	g	3.08	1	--	6.99
Ash	g	0.90	--	--	2.04
Carbohydrate, by difference	g	11.88	1	--	26.97
Fiber, total dietary	g	2.2	1	--	5.0
Sugars, total	g	2.64	--	--	5.99
Minerals					
Calcium, Ca	mg	110	1	--	250
Iron, Fe	mg	1.98	1	--	4.49
Magnesium, Mg	mg	44	1	--	100
Phosphorus, P	mg	110	1	--	250
Potassium, K	mg	176	1	--	400
Sodium, Na	mg	92	1	--	209
Zinc, Zn	mg	1.65	1	--	3.75
Copper, Cu	mg	0.220	1	--	0.499
Manganese, Mn	mg	0.097	1	--	0.220
Selenium, Se	µg	7.7	1	--	17.5
Vitamins					
Vitamin C, total ascorbic acid	mg	26.4	1	--	59.9

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 can 227g
Thiamin	mg	0.165	1	--	0.375
Riboflavin	mg	0.187	1	--	0.424
Niacin	mg	2.201	1	--	4.996
Pantothenic acid	mg	1.100	1	--	2.497
Vitamin B-6	mg	0.220	1	--	0.499
Folate, total	µg	44	1	--	100
Folic acid	µg	44	--	--	100
Folate, food	µg	0	--	--	0
Folate, DFE	µg	75	--	--	170
Choline, total	mg	60.5	--	--	137.3
Vitamin B-12	µg	0.66	1	--	1.50
Vitamin B-12, added	µg	0.66	--	--	1.50
Vitamin A, RAE	µg	165	--	--	375
Retinol	µg	165	--	--	375
Carotene, beta	µg	0	--	--	0
Carotene, alpha	µg	0	--	--	0
Cryptoxanthin, beta	µg	0	--	--	0
Vitamin A, IU	IU	550	1	--	1248
Lycopene	µg	0	--	--	0
Lutein + zeaxanthin	µg	0	--	--	0
Vitamin E (alpha-tocopherol)	mg	1.46	--	--	3.31
Vitamin E, added	mg	1.46	--	--	3.31
Vitamin D (D2 + D3)	µg	1.1	--	--	2.5
Vitamin D3 (cholecalciferol)	µg	1.1	--	--	2.5
Vitamin D	IU	44	1	--	100
Vitamin K (phylloquinone)	µg	8.8	--	--	20.0
Lipids					
Fatty acids, total saturated	g	0.232	--	--	0.527
4:0	g	0.000	--	--	0.000
6:0	g	0.000	--	--	0.000
8:0	g	0.000	--	--	0.000
10:0	g	0.003	--	--	0.007
12:0	g	0.000	--	--	0.000

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 can 227g
14:0	g	0.000	--	--	0.000
16:0	g	0.150	--	--	0.340
18:0	g	0.059	--	--	0.134
Fatty acids, total monounsaturated	g	2.318	--	--	5.262
16:1 undifferentiated	g	0.003	--	--	0.007
18:1 undifferentiated	g	2.306	--	--	5.235
20:1	g	0.009	--	--	0.020
22:1 undifferentiated	g	0.000	--	--	0.000
Fatty acids, total polyunsaturated	g	0.395	--	--	0.897
18:2 undifferentiated	g	0.392	--	--	0.890
18:3 undifferentiated	g	0.003	--	--	0.007
18:4	g	0.000	--	--	0.000
20:4 undifferentiated	g	0.000	--	--	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000
Cholesterol	mg	2	1	--	5
Amino Acids					
Other					
Alcohol, ethyl	g	0.0	--	--	0.0
Caffeine	mg	2	--	--	5
Theobromine	mg	23	--	--	52